



# MAIDENS BY HIS DESIGN

ONE DAY WORKSHOP FOR MOTHERS /DAUGHTERS

**November 14, 2009**

**8:30 am—5:00 pm**

Strasburg Presbyterian Church  
Strasburg, Virginia

**\$50.00 Mother/Daughter Team**  
**\$35.00 Additional Daughters**

Materials provided, including Student Workbooks  
PLUS sample tea and a Creative Memory Paper Album  
Kit! For ages 8 years old and up!

## **Topics to be covered:**

Basic Body Design  
Basic Terms  
Tools & Gear  
Phases & Charting  
Physical Changes  
Story Sharing  
History & Culture  
Diet & Nutrition  
Encouragement & Celebrating

Young girls today often do not receive a Christian perspective on their coming-of-age cycle. Mothers sometimes do not realize how they can place a Christian view on such an event in a girl's life. In this workshop, mothers and daughters learn together about this topic, educating themselves and sparking useful conversation between them about God's design for women.

GET MORE INFORMATION & REGISTER  
ONLINE AT ~  
**[www.BlessingGodsWay.com](http://www.BlessingGodsWay.com)**

Mail check made out to:  
Blessing God's Way  
Post Office Box 59  
Front Royal, Virginia 22630

For more information:

[bgway@shentel.net](mailto:bgway@shentel.net)  
888-218-2453

*"Not just a blessing for the Maidens but also for us – the Maiden's Mother! I learned more than a thing or two. I am also grateful for the openness the girls had in asking what was on their minds. I forgot what it was like pre-menstruation. Maidens by His Design has been a launch for several candid conversations my daughter and I have had since our first class."*

~ Mrs. Hopkins